



"WHAT YOU SEEK IS SEEKING YOU"

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Each day living through the hustle bustle of a city life where we are in a spree to achieve more and more, we tend to miss out the simple laws of life and get engrossed in acquiring what we don't have and what we need to achieve. In this process, we miss the purpose of life and get into a mental war within our self.

The mental chaos gives birth to our thoughts which may not be the truth or reality. When our HR suggested a workshop on "Law of Attraction" I pondered "Why Me"? One event lead to another and then I had the opportunity to be part of workshop on "Law of Abundance"

Indian wisdom spoke about these life changing mantras, but, when I plunged into practicing them, I realized "Life is all about Gratitude". I express my gratitude to all those who became instrumental in facilitating me into this blissful state.

My Three New Practicing Life Mantras

- 1. Like attracts Like
- 2. Let Go
- 3. Gratitude

The outcome is calm, peaceful mind, empathy to oneself and others. This blissful state has brought a sea change in my personal and professional life.

We are born in abundance and live through it. "Knowing" and "Being Aware" of this is a journey in itself.